

## **POLICY IHCG – Nutrition Policy**

**The Board recognizes that proper nutrition is an important component for health and wellbeing of children and plays a key role in our children’s ability to learn.**

### **PURPOSE**

To support schools in working with parents to help ensure proper nutrition for all students.

### **GUIDELINES & PROCEDURES**

1. Schools must make every effort to encourage healthy eating habits and lifestyles by – maintaining and periodically updating a school nutrition policy in consultation with their School Council.
2. Schools may:
  - a) consult other stakeholders including parents and students;
  - b) consider their unique individual needs of the school community;
  - c) consider the options available in their school such as vending machines, canteens and cafeterias.
3. School Administrators shall communicate their school nutrition policy to their school community on an annual basis.

### **REFERENCES**

#### **Cross References:**

**Legal Reference:** School Act RSA 2000 Section

**BM#** 20100121.1008; 20171005.1005; BM20201022.1007

**Next Review:** 2023/2024